TOLLESBURY SCHOOL PSHE EDUCATION: Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Emotions- what are our emotions and how can we cope with them?	Growth Mindset- what can achieve with a good mindset?	Kindness- how can we be kind and show empathy towards others?	Managing self- how can we be hygienic and have a healthy lifestyle?	Managing self- how can we communicate effectively, using our manners and resilience?	Keeping Healthy – how can we keep healthy?
Year 1	What is the same and different about us? NSPCC PANTS	Who is special to us? RSHE Medway Y1/2 lesson 1	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?RSHE Medway Y1/2 Lessons 2 and 3	How do we recognise our feelings?
Year 3	How can we be a good friend? Medway lessons 1 and 2	What keeps us safe? NSPCC PANTS	What are families like? NSPCC PANTS	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How can we help in an accident or emergency? (from Spr 1 Y5)	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can drugs common to everyday life affect health? (from Sum 1 Y5)	How can friends communicate safely? Life saving workshop	How will we grow and change? (from Spr 2 Y4) Medway Y4/5 Lessons 1-4	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people? Life Saving Workshop		What will change as we become more independent? How do friendships change as we grow? Medway Y6, Lessons 1-4	